

TODAY

- LOMA LINDA UNIVERSITY
- LOMA LINDA UNIVERSITY MEDICAL CENTER
- LOMA LINDA UNIVERSITY CHILDREN'S HOSPITAL
- LOMA LINDA UNIVERSITY MEDICAL CENTER—EAST CAMPUS
- LOMA LINDA UNIVERSITY BEHAVIORAL MEDICINE CENTER
- LOMA LINDA UNIVERSITY HEALTH CARE
- FACULTY MEDICAL GROUP OF LLUSM
- FACULTY PHYSICIANS & SURGEONS OF LLUSM



LLUCH physician meets Pope John Paul II while presenting at conference in Rome, Italy

Stephen Ashwal, MD, chief of neurology at Loma Linda University Children's Hospital, spent four days in March, 2004, at an International Congress focusing on Life-Sustaining Treatments and the Vegetative State.

This conference, organized by the World Federation of Catholic Medical Associations (FIAMC) and the Pontifical Academy for Life, took place in Rome, Italy, March 17 to 20. Dr. Ashwal was one of a handful of United States physicians presenting at the international conference.

The Pontifical Academy for Life arranged for a special audience with Pope John Paul II for the participants at the end of the four-day conference, where the Pope addressed the group expressing his thanks for their research work in the area of persistent vegetative states and the

task of discussing the difficult decisions facing caregivers and family members of those in a vegetative state.

"It was an interesting conference because it had a wide range of disciplines represented—from physicians to judges to laymen," says Dr. Ashwal. It also played stage to a wide range of opinions expressed to the ethical issues surrounding treatment of patients in the vegetative state. "I thought it was good because it was unique in the fact that it brought together such a diverse group to discuss this complex issue."

Dr. Ashwal found himself an invitee to the conference because of his previous work on vegetative states in the 1990s. He co-chaired the medical task force on the vegetative state that produced the foundation for United States standards of care



Stephen Ashwal, MD (left), chief of neurology at Loma Linda University Children's Hospital, meets Pope John Paul II at the International Congress on Life-Sustaining Treatments and the Vegetative State.

for patients in the vegetative state. Dr. Ashwal dealt specifically with children's issues of the vegetative state.

The conference covered both

the scientific and the ethical-judicial aspects of treating patients in vegetative states, described as a condition of com-

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Vice chancellor elected to WASC

Lisa M. Beardsley, PhD, MPH, vice chancellor for academic administration, has been elected a commissioner for the Western Association for Schools and Colleges (WASC) accrediting commission.

The accrediting commission for senior colleges and universities consists of 21 members who serve overlapping three-year terms.

Commissioners are nominated and elected by the presidents of accredited institutions from within the WASC region. The commission includes three public members; a representative from the area served by the senior college commission in the Pacific region; a representative from the community college segment; and a representative from the K to 12 segment.

Commission members reflect diversity in institutional characteristics such as mission, size, geography, funding and sponsorship, and personal characteristics such as ethnicity, gender, and experience.

Loma Linda University received a full 10-year reaffirma-



Lisa M. Beardsley, PhD, MPH

tion of accreditation at its last comprehensive visit, according to Dr. Beardsley.

Institutional presentations and visit process have changed significantly under the WASC commission's 2001 handbook. It now involves a two-stage site visit process—capacity and preparatory review (fall of 2008) and the educational effectiveness review (fall of 2009), with a written proposal due on May 1, 2006.

The focus of the new process is on student learning outcomes and educational effectiveness.



Food Industries Sales Association makes donation to LLUCH

Food Industries Sales Association (FISA) President Jim Roy (left) and FISA First Vice President Pam Bonds (center) present a check from the association to Patti Cotton Pettis, executive director of the Loma Linda University Children's Hospital Foundation, at an event held at the Double Tree Hotel in Ontario. FISA, a non-profit consortium of food industries, holds a number of special events that benefit charities throughout the Inland Empire. Also honored at the event were several students from local colleges and universities who each received a \$1,000 Jack H. Brown Scholarship. Mr. Brown is the chief executive officer of Stater Bros. Markets.

SPH partners with Riverside on \$1 million HUD grant

The School of Public Health received funding to work with the Riverside department of public health on a \$1 million U.S. Department of Housing and Urban Development (HUD) grant. SPH is a subcontractor on the project for \$25,000. In addition to the \$25,000 there is full-time employment opportunities for SPH graduate students with Riverside County.

"This grant facilitates blending public and private resources to enhance the health status of our local community, while training students and furthering the mission of the School of Public Health and Riverside County Department of Public Health," states David T. Dyjack, DrPH, CIH, associate dean for public health practice, SPH.

The project, titled "Riverside

County Healthy Homes Demonstration Program," (RHHDP) aims to improve the health and home environment of children and families living at or below the poverty level. Priority target areas include portions of the mid-county region—Hemet, San Jacinto, Beaumont, and Banning—and east region, including Indio, Coachella Valley, Mecca, and others.

RHHDP will mobilize public and private resources to develop the most promising and cost-effective means of identifying and controlling household hazards. These efforts will include outreach and education for residents and landlords; preventive measures to correct multiple safety and health hazards in the home that result in childhood illness and injury; and a database

tracking system that will assist program staff in analyzing the nature of hazards and illnesses, as well as the success level of project activities.

The School of Public Health will make three main contributions to this project: provide student interns who receive paid experience to assist the Riverside county department of public health in evaluating homes and developing health education materials for families; provide environmental asthma triggers through SPH department of environmental and occupational health by pinpointing antigens such as mold, mites, and cockroaches; and donate the LLU designed nine-module asthma health science program CD presentation that they will train teachers how to use.

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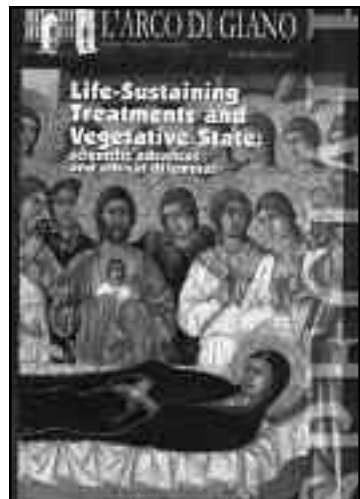
LLUCH physician meets Pope John Paul II...

Continued from page 1

plete unawareness of the self and the environment accompanied by sleep-wake cycles with either complete or partial preservation of hypothalamic and brain stem autonomic functions. Scientists and physicians from a broad international community presented 40 different issues regarding the theme.

Dr. Ashwal's presentation, "The Vegetative State in Infancy and Childhood," stemmed from his active research in the field of child neurology. These research activities have focused on critical care issues in child neurology related to brain death, the vegetative and minimally conscious states, bacterial meningitis, and near drowning; the role of nitric oxide in focal cerebral ischemia; and recently, the use of proton spectroscopy for outcome prediction after acute CNS injuries.

During the four days of the Congress, more than 400 participants from 46 different countries



Dr. Ashwal's presentation appears in the book of lectures published for the conference.

and a wide variety of faith communities, attentively followed the lectures of 41 invited speakers. The conference also included vigorous discussion, during which the most important scientific advances and the most perplexing ethical dilemmas were addressed.

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LLU professor publishes new book

Lawrence D. Longo, MD, director of the Center for Perinatal Biology and distinguished professor of physiology and obstetrics and gynecology, School of Medicine, has recently edited a new book titled *Our Lords, the Sick: McGovern Lectures in the History of Medicine and Medical Humanism*.

The book comprises of 18 essays in medical humanism, the history of medicine, and health care delivery.

"These are the John P. McGovern lectures that have been represented annually at the American Osler Society during the past two decades," Dr. Longo says.

"Each of the lectures, given by eminent physicians, historians, and educators, are timeless in their relevance to medicine and health care delivery.

"In many respects, they are 'lay sermons' on the philosophy and ethics of health care, ministering

to the sick, and professionalism."

The contributors, from differing backgrounds and with differing points of view, discuss social and cultural factors that have influenced the history of medicine and medical humanism.

In addition to editing the book, Dr. Longo has written an introductory essay on the humanities and their relevance to contemporary physicians and other health professionals.

Dr. Longo was recently presented with the Frederick Naftolin Award for Excellence in Mentoring by the Society for Gynecologic Investigation in Houston, Texas.

In 1987, Dr. Longo initiated the reproductive scientists program, funded jointly by the National Institutes of Health and several professional societies in obstetrics and gynecology and the reproductive sciences.

This is a six-year program in

which young obstetricians/gynecologists who aspire to have a career in academic medicine can spend three years studying cell and molecular biology, and three years in the a department of obstetrics and gynecology establishing their own research program.

During the past 17 years, this program has helped to prepare more than 60 young obstetricians/gynecologists for academic careers as physicians-scientists.

More than 80 percent of those who have completed the program have individual NIH 01 grants.

"This is a truly remarkable record of achievement," Dr. Longo notes.

The overall goal of the program is so strengthen the field of obstetrics and gynecology by encouraging the application of contemporary advances in science to the reproductive sciences and, ultimately, to the health and well-being of women.



From left to right, Ricardo Heros (American sales manager) and Goetz Griesmayr (American business manager) present the CeramTec AG check to Ian Clarke, PhD.

Orthopaedics receives \$75,000 for new ceramic joint research

In October, Ian Clarke, PhD, professor in orthopedic research at Loma Linda University Medical Center attended the 7th symposium on "Alternate Bearings for Hip and Knee Joints" in Philadelphia, Pennsylvania.

Dr. Clarke was invited to give three presentations on the hip implant research being conducted at the Medical Center. During this meeting, held in the historic Union League building of Philadelphia, Dr. Clarke was presented with a check for \$75,000 from CeramTec AG in Germany for the new ceramic wear studies being conducted at LLUMC.

This check supports the first

phase of the new ceramic being studied in the Tribology Lab on the new East Campus Research Center at LLUMC. This "high-tech" ceramic called "Delta" was developed in the year 2000 and is now being compared to the historical alumina ceramic hip joints used by surgeons at LLUMC.

Phases one and two of this joint replacement research will provide important know-how for surgeons and will also be used for submission to the Food and Drug Administration (FDA). Professor Christopher Jobe, MD, department chair of orthopaedics, commented that this recognition of LLUMC's studies by CeramTec AG is very appropriate.

Bioethics Grand Rounds scheduled for January 12, 2005

A speaker from San Diego will discuss medical errors and patient safety at the next Bioethics Grand Rounds scheduled to be held Wednesday, January 12, 2005.

Bryan A. Liang, MD, PhD, JD, executive director and professor, Institute of Health Law Studies, California Western School of Law, and co-director & adjunct associate professor of anesthesiology, San Diego Center for Patient Safety, VA Medical Center, University of California San Diego School of Medicine, will present "Addressing Medical Errors: Shifting the Professional Paradigm to Promote Patient Safety."

The grand rounds will be held from 12:00 noon to 1:00 p.m. in Alumni Hall for Basic Sciences, Loma Linda University.



Bryan A. Liang, MD, PhD, JD

The objectives of this grand rounds are to: understand the legal ethical paradigm in addressing medical errors; understand the medical ethical paradigm in addressing medical errors; identify commonalities in legal and medical ethical paradigms for addressing medical errors; and

understand systems-oriented paradigms that more appropriately govern medical errors.

Mark Carr, PhD, MDiv, theological co-director, Center for Christian Bioethics, Loma Linda University, will serve as moderator.

The grand rounds, presented by the Center for Christian Bioethics and the Center for Spiritual Life & Wholeness, is designated by the School of Medicine for continuing medical education activity for one hour in category 1 of the Physician's Recognition Award of the American Medical Association.

Loma Linda University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing education for physicians.

LLUSM professors hold prominent roles in Sherlock Holmes play

Two Loma Linda University School of Medicine professors recently completed a three-week stint in the LifeHouse Theater production of "Sherlock Holmes Faces Death."

George W. Christison, MD, associate professor of psychiatry, and Kenneth R. Wright, PhD, assistant professor of pathology and human anatomy, performed the roles of Inspector Lestrade and Dr. John H. Watson, respectively.

LifeHouse Theater is a unique group that operates from a Christian foundation and brings family-oriented productions to the community.

Located in Redlands, LifeHouse Theater is celebrating its 11th season as an Inland Empire attraction. LifeHouse Theater is

an interdenominational theater where more than 500 artists, technicians, and volunteers from all walks of life use their talents to inspire the moral imagination of children and families from all over the Inland Empire.

"Sherlock Holmes Faces Death" began on October 30 and concluded its performance on November 21. Other productions included in the 11th season include "A Little House on the Prairie Christmas," December 4 to 30; "The Lion, The Witch, and The Wardrobe," January 15 to February 6, 2005; and "Joseph," February 26 to March 26, 2005.

Further information about LifeHouse Theater may be obtained by visiting their website at <www.lifehousetheater.com>.



School of Nursing celebrates Christmas with special outing

In recognition of the hard work that School of Nursing faculty, staff, administration, and their families have done in the past year, the School hosted a special Christmas party at Disneyland. Held December 13 at the Big Thunder Ranch picnic area at Disneyland, the School was able to spend the day enjoying Disneyland. A Disney caricature artist was available for free caricatures for anyone in attendance. In the photo on the left, Kathy Purdy, administrative assistant, undergraduate admissions, School of Nursing, and her husband, Dan, enjoy the Christmas lunch. In the photo on the right, Jeff Leeper, MAc, CPA, assistant dean of finance, School of Nursing, welcomes faculty, staff, and their families to the Christmas party as Lois Van Cleve, PhD, RN, associate dean of the graduate program, looks on. The School of Nursing holds a special Christmas party each year in appreciation of its faculty and staff.

Reportable Crimes

The Crime Awareness and Campus Security Act of 1990 requires Loma Linda University to publish interim reports on crime activities. Listed below are the crimes reported for the months of October and November, 2004:

Type of Crime	Number of Crimes	Place of Crime
Vehicle Burglary	7	Drayson Center, FMO, Lot A (2), Lot T (2), Lot S
Battery	1	MC Pharmacy

You can assist the department of security in maintaining a safe and secure environment by notifying security immediately at extension 911 if you see or know about a crime taking place.

SIMS brings Christmas cheer to underprivileged children

It's a children's wonderland with presents, face painting, food, inflatable jumpers, a petting zoo, and Santa Claus. On December 3, Students for International Mission Service (SIMS) gave a Christmas party for 72 underprivileged children on the SIMS lawn. LLU students and staff volunteered to "adopt" a preschool child for the three-hour party. Each volunteer brought a gift for his or her "adopted" child, and at the end of the party Santa came and passed out the presents to each child.

"I think this is a great opportunity for us to get involved with the community," shares Kiara Kim, first-year physical therapy student. "We're so hung up on our own school and our schedules, just to come out on our own time and get to know people from the community is a good thing."

SIMS teamed up with the San Bernardino County Head Start program. Project Head Start is a federally funded child development program designed to help break the cycle of poverty by providing preschool children of low-income families with a comprehensive program to meet their emotional, social, physical, nutritional, and psychological needs.

The next day, SIMS provided another Christmas party for Community Kids Connection (CKC) on December 4, from 10:00 to 12:00 noon. CKC is a two-hour program that provides LLU students with opportunities to develop relationships with children and families from diverse backgrounds in the neighboring communities of the SAC-Norton clinic. More than 100 children ranging in age from infants to 14 partied with glee as they ate and opened presents from the LLU community.

Just two days before the CKC party, SIMS was short more than 100 gifts. In two days, after several phone calls and e-mails,



The preschool children gather around Santa Claus during the annual adopt-a-kid Christmas party on December 3, 2004.



Jessica Horricks, first-year dental student, holds her "adopted" child, Andrew Valenzuela, 4, while waiting for Santa Claus to call his name and hand him his present.

SIMS had an overwhelming show of support from different LLU departments, employees, students, and other individuals from the community. The support was so great that they had extra gifts.

"This truly turned out to be a blessing because the extra gifts can be taken on our SIMS Christmas mission trip to a nutrition rehabilitation center and home for malnourished children in Honduras," says Ms. Polycarpe. "We sincerely thank all who graciously support what we do at SIMS because we would not be as successful without their prayers, gifts, and resources."



Madison Dory, 4, proudly holds her present from Santa.

"We had approximately 200 children in total for both parties!" expresses Martine Polycarpe, MPH, director of SIMS. "This year we also included about 25 children from a local homeless shelter."

SIMS extends a special thank you to the following for their support in making the two Christmas parties possible: Loma Linda Academy; LLU School of Public Health; LLU chaplain's office; LLU Student Association; media services; Lindsay Hall; Daniel's Hall; LLU office of University relations; and all the students, employees, and friends who volunteered their time to make a difference in the life of a child.



Sir Run Run Shaw administrators visit LLUMC

Visiting administrators from Sir Run Run Shaw Hospital in People's Republic of China spent several weeks learning from LLUMC administrators this fall. Each was presented with a certificate recognizing their efforts. Pictured from left to right are: Sherry Sun Xiao Min, hospital office administrator, Ruthita Fike, MA, CEO of LLUMC, XiuJun Cai, MD, medical administrator, Lu Wei, facilities administrator, Jan Zumwalt, RN, MS, MBA, executive director of preadmission/interfacility transfer, patient placement, nursing resources, and advanced practice nursing, and Chen Zhen Yin.

Bioethics Grand Rounds

WEDNESDAY, JANUARY 12, 2005

12:00 NOON TO 1:00 P.M.

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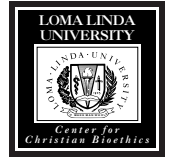
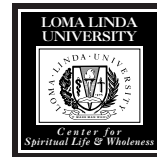
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Featuring

Bryan A. Liang, MD, PhD, JD

executive director and professor
Institute of Health Law Studies
California Western School of Law



LLU Faculty Physician Practice Groups settle with U.S. Department of Health & Human Services

The faculty physician practice groups within Loma Linda University Faculty Practice Plan have entered a settlement agreement with the Office of the Inspector General (OIG) of the U.S. Department of Health & Human Services and the Office of the U.S. Attorney for the Central District of California whereunder they will repay \$2.2 million in physician fees paid by the Medicare program for teaching physician services. The settlement is the culmination of a national investigation of more than 40 teaching hospital faculties across the country that was initiated by the OIG in 1995.

The investigation of the Loma Linda faculty practice groups covered all billings by the groups between June 30, 1992, and June 30, 1996, and was self conducted by the Loma Linda faculty groups. The settlement amount represents a statistical projection of billings that were submitted to Medicare for which the patients' medical records did not contain

sufficient documentation of the services billed to meet Medicare documentation requirements.

During the course of the self examination by the practice groups, the OIG's interests were represented by auditors retained by the faculty practice groups but who reported to the OIG. Those auditors found no evidence that billings had been fraudulently submitted, only that inadequate written documentation existed in patient medical records to support a portion of the faculty billings submitted during the year June 30, 1995, to June 30, 1996.

The Loma Linda faculty practice groups, while disputing some of the Medicare documentation requirements applied, agree that a portion of their billings did not meet those documentation requirements and thus agreed to repay the \$2.2 million. The faculty practice groups deny any suggestion that such billings were submitted with any fraudulent intent or that the services billed were not rendered.



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Department of earth and biological sciences presents at GSA convention

The earth and biological sciences department presented nine research projects at the 116th annual meeting of the Geological Society of America, the largest geological convention in the world. The event took place November 7 to 10, 2004, in Denver, Colorado. Approximately 6,200 geoscientists attended the convention.

"The recent Geological Society of America meeting provided an excellent opportunity for department of earth and biological sciences students and faculty to present their research findings," expresses Robert Cushman, PhD, chair of earth and biological sciences department.

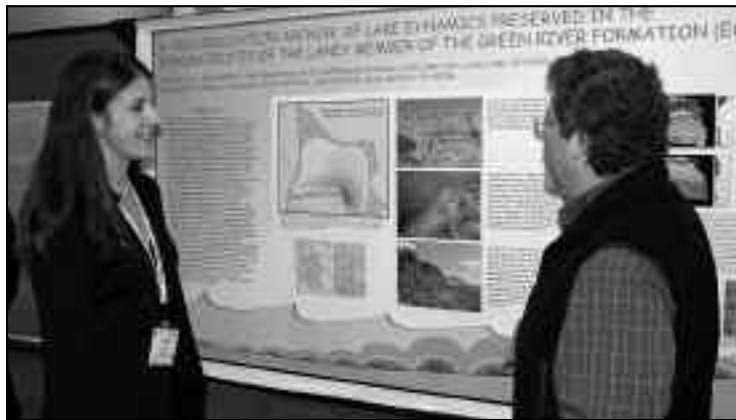
Loma Linda University was well represented to the professional scientific community. Five students and five faculty authored and/or coauthored oral and poster presentations at the meetings.

The students received valuable feedback from other professionals interested in their research. In addition, Loma Linda University earth science faculty made valuable contacts for potential collaboration on future research projects.

"The research presentations were popular and well received," says Dr. Cushman. "Overall, it was tremendously valuable for students and faculty alike."



Presenters from LLU earth and biological sciences department included (from left back row): Kevin Nick, PhD, assistant professor; Leonard Brand, PhD, professor; Paul Buehheim, PhD, professor/coordinator; Carol Shultz, master's geology student; Leroy Leggitt, DDS, associate professor of orthodontics, SD, and doctoral student in biology with paleontology emphasis; Matt Mayry, master's geology student; Robert Cushman, PhD, chair of department; and Jared McHenry, master's geology student. Not pictured is Torrey Nyborg, doctoral earth sciences student.



Carol Shultz, master's geology student, discusses her presentation with her professor Robert Cushman, PhD, chair of earth and biological sciences department, during the GSA convention.

SPH, SM develop stop-smoking booklet

Churches and hospitals alike are using the new stop-smoking booklet, *Tobacco: You Can Be Free*, developed by Pacific Press in consultation with the School of Public Health and School of Medicine to promote smoking cessation as part of American Cancer Society's 26th annual Great American Smokeout. More than 25,000 booklets have been distributed so far.

Since 1977, the Smokeout has challenged Americans to quit smoking for at least one day, in hopes they will quit forever. This year's event took place on November 18, 2004.

Tobacco: You Can Be Free is a

16-page, full-color booklet that combines the latest clinical research with a detailed plan for successful recovery from nicotine addiction. Linda Hyder Ferry, MD, MPH, residency program director, preventive medicine, SPH, was the primary consultant for the booklet. Dr. Ferry has 25 years of treating tobacco and other addictions to her credit. Her pivotal research led to the approval in 1997 of bupropion, the first FDA-approved non-nicotine, pharmacological treatment for tobacco dependence.

"*Tobacco: You Can Be Free* provides a strategy that really works

for people who feel defeated by tobacco addiction," says Dale Galusha, vice president of ministries and sales at Pacific Press. "It is perfect for use in stop-smoking programs, and is inexpensive enough to give away in mass quantities at public events. Every Adventist medical professional should make it available to their patients."

The booklet is available at your local Adventist Book Center. To purchase a copy, please call (800) 765-6955, or visit <www.adventistbookcenter.com>. The booklet retails for \$0.99 each. Quantity pricing is available.

AHIMA and CHIA hold first town hall meeting at LLU

The department of health information management, School of Allied Health Professions, recently hosted the first town hall meeting sponsored by the American Health Information Management Association (AHIMA) and the California Health Information Association (CHIA).

Designed as a program to educate the community about maintaining and protecting the privacy of personal health information, the meeting was titled "Protecting and Managing Your

Please turn to page 13



Participating in the town hall meeting are (from left) Marilyn Davidian, MA, chair, department of health information management, SAHP, LLU, and conference speakers Barbara Odom-Wesley, Don Asmonga, and Shirley Lewis.



Walter's Mercedes-Benz donates cars to LLUCH

Kathy (left) and Steve Kienle (right) present miniature Mercedes-Benz automobiles for the children on the pediatric acute care unit at Loma Linda University Children's Hospital. Accepting the miniature automobiles is Cherie B. Spencer, RN, nurse manager for the pediatric acute care/rehabilitation unit. Trying out the car is the brother of a LLUCH patient.

University relations staff win creative awards

Two staff members from the office of University relations recently won MarCom Creative Awards and Aegis Awards during the 2004 competition.

Dustin R. Jones, special projects editor, received the MarCom Creative Platinum Award for his work on *Adventist Health International 2003 Annual Report*. Richard H. Hart, MD, DrPH, president of Adventist Health International and chancellor of Loma Linda University, serves as editor of the Annual Report.

Mr. Jones also received the Gold Award for his work on *Loma Linda University's 2002 Annual Report*. Albin Grohar, PhD, executive director of advancement, serves as editor of the Annual Report.

The MarCom Creative Awards also recognized Patricia Thio, special projects editor, with the Gold Award for her video work in "Honduras Mission." In addition, Ms. Thio won a national Aegis Award for "Honduras Mission." The promotional video tells the story of how Students for International Mission Service journey to Honduras to give health care and love to the orphaned children in Peña Blanca.

Ms. Thio also received the Gold Award for her production in "Operation Jessica" from the MarCom Creative Awards and won another Aegis Award. The video gives viewers an inside look of LLU School of Nursing and School of Medicine students supporting at-risk youth

through a transformational, spiritual experience in the setting of nature. To receive any of these videos you may contact Ms. Thio at (909) 558-1000 extension 46185.

The Aegis Awards is the only national video competition that features actual peer judging by fellow directors, producers, writers, editors, cameramen and other professionals who work in that industry everyday.

The MarCom Creative Awards is an international awards competition that recognizes outstanding achievement by marketing and communications practitioners. Entries are judged by industry professionals who look for companies and individuals whose talent exceeds a high standard of excellence and whose work serves as a benchmark for the industry. There were 3,344 entries from throughout the United States and several foreign countries in the competition.

The Gold Award is presented to those entries judged to be finalists in their respective categories. Finalist entries are recognized for exceeding the high standards of the industry.

The Platinum Award is presented to those entries judged to be winners in their respective categories. Winning entries are recognized for their excellence in terms of quality, creativity, and resourcefulness.

For a list of other Platinum Award winners, visit <www.marcomawards.com>.



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LLUMC oral/maxillofacial surgeon helps 6-year-old boy eat with mouth for first time

Six-year-old Andrew Martinez, from Rialto, has never eaten like most children. Born with a rare condition called syngnathia, Andrew's upper and lower jawbones are fused together. Instead of being able to chew his food, he takes his nutrition through a G-tube placed in his stomach.

That is until Liviu Eftimie, DDS, MS, an oral and maxillofacial surgeon at Loma Linda University Medical Center, and a team of maxillofacial specialists performed a surgery on November 5 to separate Andrew's jawbones. Only 26 cases of syngnathia have been reported to date since the first case in 1936. Of these cases, only seven have involved fusion of the ascending rami of mandible to the maxilla and zygomatic complex. Andrew is the eighth case to present with his jawbones fused in this fashion since birth.

Andrew first came to Loma Linda when he was only 1 1/2 years old. He was brought in because he had pneumonia. The pediatrician seeing him called Dr. Eftimie to look at his jaw then, and a computerized

tomography scan revealed the fused jaw bones. A three-dimensional model of Andrew's face and jaw made from the scan allowed Dr. Eftimie to practice before hand and navigate during surgery. At only 30 pounds, Andrew underwent surgery to separate his jaws, only to come down with pneumonia again, making physical therapy to strengthen his atrophied jaw muscles impossible, a challenge he still faces after the successful surgery to separate his jaws.

To help him overcome this, Dr. Eftimie created a pneumatic device to prevent them from fusing back together and exercise his jaw muscles at the same time. This automatic pneumatic dynamic intraoral device will stimulate Andrew's jaw muscles to grow and prevent his bones from fusing together again. Most devices of this type are manual. Dr. Eftimie's is the only automatic one designed to assist in physiotherapy after the surgery. Andrew's caretakers, Roy Corona and his wife, Arlene, will be able to control the device with a switch automatically. During the November 5 surgery, Dr. Eftimie separated Andrew's

jawbones and implanted support plates into Andrew's upper and lower teeth where the pneumatic device connects.

"From a medical standpoint, his recovery is going perfect," Dr. Eftimie said. "He'll need a few months of rehabilitation. The battle is not over yet because he does not have good muscles. Just imagine, this kid was not able to open his mouth. He didn't have a mouth," he continued. "He never used his face muscles or chewing muscles so he has to learn how to function, to move and chew."

Mr. Corona, 41, who is Andrew's legal guardian, said Andrew is enjoying learning to chew, but learned to talk before the surgery.

"He always tried to talk, but like a ventriloquist," he said. "He talks a lot. I've always taught him to not let anything get in his way."

Andrew got to experience a mouthful at Thanksgiving for the first time and is even more excited about Christmas.

"I want a street bike and to eat a candy cane," he said. "Christmas will be more better than anything, better than ever."



SPH celebrates GIS Day

The School of Public Health celebrates the sixth annual worldwide Geographic Information System (GIS) day on November 17, 2004, in the health geoinformatics lab. More than 70 fourth graders from Monterey Elementary School learned about GIS from Sam Soret, PhD, assistant professor of environmental & occupational health, SPH, and Seth Wiafe, MPH, teaching assistant, environmental & occupational health, SPH. The goal of GIS Day is to showcase real-world, health applications of this important technology. The event is sponsored by the National Geographic Society, the Association of American Geographers, University Consortium for Geographic Information Science, the United States Geological Survey, The Library of Congress, Sun Microsystems, Hewlett-Packard, ESRI, and by the School of Public Health Geoinformatics Units on the LLU campus.

LLUMC employees receive high scores on language test

Listed below are those who have demonstrated their excellent written, oral, and medical comprehensive skills on the first Spanish assessment offered at Loma Linda University Medical Center on June 30, 2004. Individuals scored above 70 percent on the test.

- Luis Acosta, chaplain
- Pedro Bernal, LLCI
- Irene Bielitz, radiation medicine
- Carmen Carreon-Mariscal, 8300
- Maria Gomez, 8300
- Richard Gurrola, LLCI
- Ulda Gutierrez, OBSU
- Dorothy Herrick, 6100
- Beatriz Hsieh, 7200
- Eva Javier, ER/GI
- Rosa Javier, APN
- Lillian Joseph, 7300
- Martha Keegan, STC
- Evila Lopez, Volunteer
- Ines Martinez, 31,37,93
- Jeannie Martinez, 5700
- Maria Montero, 9200
- Araceli Mora, ophthalmology
- Michael Nunez, 8200
- Monica Ocegueda, 4200
- Cintia Perez, dialysis
- Mariana Prieto, 3100
- Haydee Ramirez, 4700

Allied health and nursing students attend job fair

A job fair held Friday, November 12, provided opportunities for students from the School of Allied Health Professions and School of Nursing to meet with representatives in their field of work. More than 80 vendors set up booths in Gentry Gymnasium (right) to display information. Students could learn about job opportunities at medical centers, school districts, and more.



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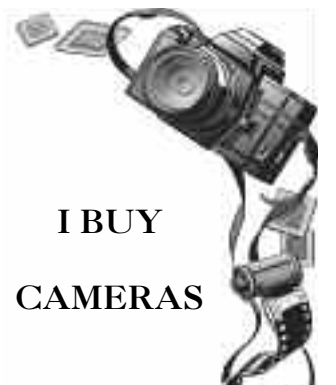
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LLUCH motorcycle toy run



Members of the Motorcycle Riders Association arrive at Loma Linda University Children's Hospital for the 13th annual LLUCH motorcycle toy run. This year, 550 motorcyclists roared into LLUCH parking lot on Sunday, December 19.



Glenn Quaid, co-owner of Quaid Harley Davidson of Loma Linda, receives a plaque of appreciation from the president of the Motorcycle Riders Association for the use of Quaid dealership as a staging area for the annual toy run.



George Ashley thanks the motorcycle riders for their support of LLU Children's Hospital. Mr. Ashley, who had a child die while awaiting a transplant, presented a rocking chair to the LLUCH neonatal intensive care unit for the 12th year in a row.



Recognition was given to the motorcyclists with the most creative holiday design. The winner received a trophy from the Motorcycle Riders Association.



Three hundred eighty motorcycles line the Children's Hospital access road during the toy run. The Motorcycle Riders Association represents clubs from throughout the Southern California area.



Members of the MRA unload a truck filled with toys for the patients at LLUCH. The riders presented an estimated 2,500 to the Children's Hospital child life staff for distribution to the patients—not only at Christmas, but throughout the year.



Santa Claus borrows a ride from a March Air Force Base vehicle. Santa claimed his sleigh was in the shop for repairs.



LLUCH Foundation executive director Patti Cotton Pettis (left) thanks the Motorcycle Riders Association for the generous support of the patients.

LLUCH bike presentation ceremony



Representatives from KFRG-95.1 FM, Stater Bros. Markets, and Loma Linda University Children's Hospital participate in the third annual Loma Linda University Children's Hospital bike presentation ceremony. A total of 1,019 bicycles and safety helmets were donated by KFRG listeners to fourth grade Inland Empire students who have never had a bicycle during the annual Stater Bros./KFRG "KFROGGERS for Kids Radiothon." Nearly 1,500 donors and fourth-grade student family members gathered at the Arrowhead Credit Union Park in San Bernardino for the presentation ceremony on Sunday, November 14.



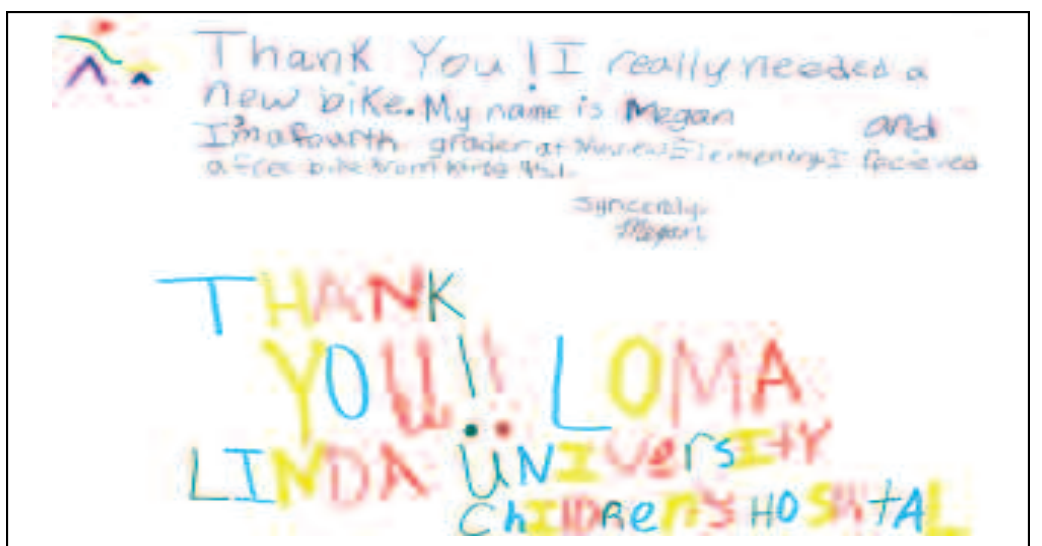
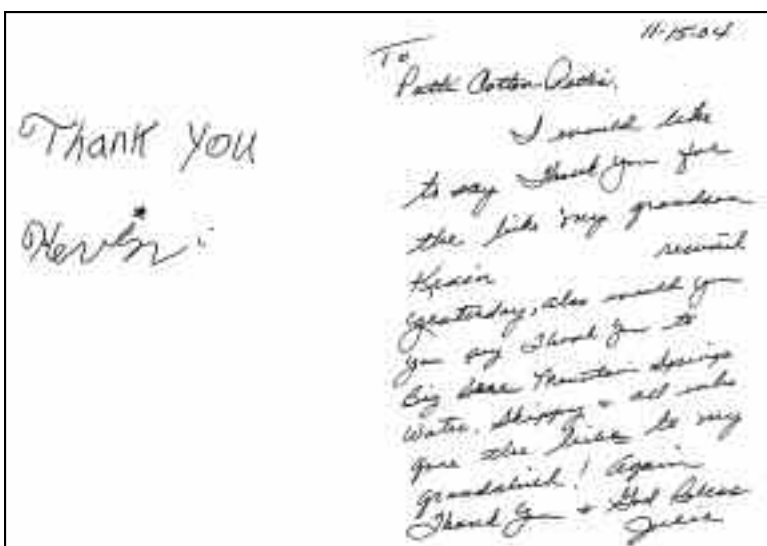
Loma Linda Academy students hand out safety helmets to Inland Empire fourth grade students prior to the bike presentation ceremony.



Bicycle recipients, family members, and bicycle donors, wait to enter the Arrowhead Credit Union Park prior to the bike ceremony.



Bicycles await their new owners at the third annual Loma Linda University Children's Hospital bike presentation ceremony.



Several Inland Empire fourth grade students send thank you notes to the Loma Linda University Children's Hospital Foundation expressing appreciation for the bicycles that they received during the bike presentation ceremony.

School of Public Health to host fifth annual Healthy People conference

Vice admiral Richard H. Carmona, MD, MPH, FACS, surgeon general of the United States, is among the faculty of nationally-known thought leaders, researchers and educators who will speak at Loma Linda University's "Healthy People 2005" conference during March 8 to 10 next year.

The topic for 2005 is "Lifestyle Science: Integrating Prevention and Intervention." The conference, now in its fifth year, focuses on the role of lifestyle in both treatment and prevention and is presented by the University's School of Public Health.

Dr. Carmona, who enlisted in the United States Army in 1967, earned a high school diploma during his enlistment. Following military service, Dr. Carmona earned an associates degree at Bronx Community College of the City University of New York, received a baccalaureate degree and a medical degree from University of California, San Francisco. The Master of Public Health degree was awarded by the University of Arizona. Dr. Carmona served in an NIH fellowship in trauma, burns, and critical care, and is a fellow of the American College of Surgeons. His medical career includes work as a paramedic, a registered nurse, and physician.

Also among the conference faculty is well-known healthy-lifestyle advocate Dean Ornish, MD, founder of Preventive Medicine Research Institute, and clinical professor of medicine at University of California, San Francisco, and Mark Fenton, host of the PBS series "America's Walking." Leading educators and researchers internationally will

make presentations at the conference representing institutions such as The Cleveland Clinic, University of Helsinki, University of Copenhagen, Northwestern University, University of Rhode Island, and many others.

"We have known for years that lifestyle factors play an important role both in recovery from disease and in prevention of health problems," says School of Public Health Dean James Kyle II, MD, MDiv. "What we're discovering now, however, is that lifestyle is much more significant—much more central—than we first understood."

Dr. Kyle says his school has a long tradition of emphasis on the lifestyle-health connection owing to its association with the Seventh-day Adventist Church—a denomination with strong roots in the idea of healthy living as a key to a rich spiritual life.

The University's origins date back to 1905 when the Church bought the site occupied by the University and converted a failed hotel into a health promotion institute. "Over the years, a unique health philosophy has developed here, but without the rigor of scientific investigation and validation," says Dr. Kyle. "Only in recent years," he says, "have we been putting those notions to the test scientifically and discovering that we were on the right track all along."

Dr. Kyle also delights in the fact that other prominent "voices" are echoing what Loma Linda University and the School of Public Health have taught for a long time—that simple lifestyle changes can produce dramatic results in terms of the health status of individuals and populations,

that health care costs can be dramatically reduced through lifestyle changes, and that the often catastrophic results of poor lifestyle management could be lessened by what are largely non-controversial, easy-to-understand and accomplish behaviors.

On the issue of costs, Dr. Kyle cites a recent *Newsweek* commentary by Chris Viehbach, president of U. S. Pharmaceuticals, GlaxoSmithKline.

Mr. Viehbach says, "What could make a difference is looking at the true drivers of health-care spending—chronic diseases—and developing better ways to prevent them." Among these chronic health problems are obesity, diabetes, hypertension, heart disease, and others—all potentially controlled or eliminated by fairly simple lifestyle modifications.

Loma Linda University Chancellor Richard H. Hart, MD, DrPH, former School of Public Health dean, says "Just within the Inland Empire of Southern California, if we could accomplish even small changes in health behavior among our population such as taking off a few pounds, exercising moderately, and ensuring that diets are appropriately nutritious, the quality of life would change for the better and health care costs would decrease. In our region alone, the health care cost savings could amount to millions."

Drs. Kyle and Hart say they hope that the Healthy People 2005 conference will motivate local businesses to participate and to take action, both from the standpoint of the health advantages, and also because healthy workers are more productive. "These are initiatives that don't cost much, and

Healthy People 2005 conference presentors

DeWitt Baldwin Jr., MD, University of Nevada School of Medicine, Northwestern University Medical School.

E. Richard Brown, PhD, founder/director, UCLA Center for Health Policy Research; professor, UCLA School of Public Health.

Richard Carmona, MD, MPH, FACS, surgeon general of the United States.

Hans Diehl, DrHSc, MPH, FACN, CNS, founder/director, Coronary Health Improvement Project and Lifestyle Medicine Institute.

Caldwell Esselstyn Jr., MD, preventive cardiology consultant, head of thyroid and parathyroid surgery, The Cleveland Clinic Foundation.

David Felten, MD, PhD, dean, School of Graduate Medical Education, Seton Hall University.

Mark Fenton, host of PBS series "America's Walking."

Roger Greenlaw, MD, FACP/Gm, ABHM, medical director, Swedish/American Center for Complementary Medicine.

David Jenkins, MD, PhD, DSc, research chair, nutrition and metabolism, University of Toronto.

Dean Ornish, MD, founder, president and director, Preventive Medicine Research Institute, and clinical professor of medicine, University of California, San Francisco.

Bente K. Pedersen, MD, DrMedSci, program committee chair, International Society of Exercise and Immunology of Copenhagen, Denmark.

James Prochaska, PhD, director and professor, Cancer Prevention Research Center, University of Rhode Island.

Joan Sabaté, MD, DrPH, chair, department of nutrition and professor of epidemiology, Loma Linda University School of Public Health.

Jaakko Tuomilehto, MD, MPhD, PhD, academy professor, National Public Health Institute diabetes and genetic epidemiology unit, department of epidemiology and health promotion and department of public health, University of Helsinki, Finland.

LLUSM Alumni Association sponsors evening of Broadway music

An evening of music from the heart of Broadway will be held at the Riverside Municipal Auditorium in March, 2005.

The concert features the Redlands Symphony Orchestra under the direction of Maestro Jon Robertson of Riverside. Two guest vocal artists, Laurie Gayle Stevenson and Steve Amerson, will have top billing in the concert, the first of its kind held in this area. The program will be sponsored by the Loma Linda University School of Medicine Alumni Association, and will be a cultural highlight of its Annual Postgraduate Convention.

The event coordinator, Robert Soderblom, MD, says, "This is guaranteed to be a spectacular and most memorable extravaganza concert." Last year at the convention, "The American Tenors," together with the Redlands Symphony Orchestra, played to a sold-out audience.

Ms. Stevenson of Ridgewood, New Jersey, recently starred for two years on Broadway as



Laurie Gayle Stevenson

Christine Daae in Andrew Lloyd Webber's "Phantom of the Opera." She made her debut with the "Phantom" with the first national touring company at the Kennedy Center in Washington, D.C.

Recently, she also appeared with Marvin Hamlisch and the National Symphony Orchestra at the Kennedy Center in an evening of music by Richard Rogers. She has sung in



Steve Amerson

London's West End at the Palladium with the Royal Philharmonic Orchestra and with most major symphony orchestras across the nation. The lyric soprano was one of few Broadway stars chosen to perform with the Bolshoi Symphony in Moscow, Russia.

Ms. Stevenson began her career in New York City as a featured soloist for the Radio City Music Hall and soon after,

have enormous personal and economic consequences."

Although the conference receives income from attendance fees, its main source of support is philanthropic. "Because the benefits of a healthy lifestyle are so great for the business community," says Renate Krause, PhD, School of Public Health development director, "we're turning to both the national and regional

business community for support." According to Dr. Krause, conference sponsorships for funding of representatives from foreign government health departments to attend are being sought (primarily for sponsorship of health ministry personnel from third world nations). Also being established are scholarships for health professions students from schools around the nation.

landed the role of Ballie on NBC's daytime series, "Texas."

Joining Ms. Stevenson is tenor Steve Amerson of Granada Hills, California. He has been a featured soloist with every major performing organization in Southern California, and has made many appearances at the Dorothy Chandler Pavilion and the Hollywood Bowl. The tenor has performed with the Los Angeles Philharmonic, the Los Angeles Master Chorale, the Long Beach Symphony, the Orange County Master Chorale, the Ojai Festival, and the Mozart Festival in San Luis Obispo.

Mr. Amerson was one of three tenors chosen to record demonstration tapes used by Luciano Pavarotti, Placido Domingo, and Joe Carreras in preparation for select "The Three Tenors" performances including concerts at Dodger Stadium, and in Paris, France, and Yokohama, Japan.

He has been guest artist with numerous orchestras across the nation, including the Milwaukee

Symphony, the Toledo Symphony, and the Springfield Symphony.

Currently, Mr. Amerson's time is dedicated in presenting concerts based on his "Front Row Center" project, a collection of inspiring songs from the Broadway stage and screen such as "You'll Never Walk Alone" and "Climb Every Mountain."

Along with his concert singing schedule (including 50 to 60 sacred concerts every year) Mr. Amerson does studio singing for various recording projects, movies, commercials, and television shows. His voice can be heard on 120 feature films.

He has established a reputation as an excellent tenor with vocal flexibility. This enables him to feel at home in both popular contemporary and classical music.

Tickets are on sale, and will range from \$15 to \$150 (Golden Circle). They can be purchased by calling the concert line at (909) 558-7193.

Proton Treatment Center celebrates homecoming of proton patients

Patients and alumni from across the country came to celebrate the Proton Treatment Center's Alumni Homecoming on Sunday, November 7. Held in Wong Kerlee International Conference Center, current and former patients gathered to hear stories of how proton treatment helped them beat cancer.

Ruthita Fike, MA, CEO of Loma Linda University Medical Center, welcomed the audience.

"I want to compliment Dr. Jerry Slater," said Mrs. Fike. "The treatment they provide is an experience of exquisite service. And I have a great respect for the foresight and tenacity of James Slater."

Jerry Slater, MD, chair of the department of radiation medicine, was encouraged to show the progress proton treatment has made in the past fourteen years. The Proton Treatment Center opened treating one type of cancer in one site of the body. Now 140 different cancer types are treated at 20 different sites all over the body. While much of this is due to the advance in technology, Dr. Slater was quick to acknowledge the able staff in the center.

"The key here is really the people. That's what really makes



Lori and Daniel Alter share their story of Daniel's battle with a brain tumor threatening to destroy his brain stem.

things go," said Dr. Slater.

Many patients would agree, including those who shared their story that Sunday afternoon.

Gary and Alea Culpepper, from Seattle, related the story of how prostate cancer saved Mr. Culpepper's life. After 18 biopsies and consultations with several cancer physicians, Mr. Culpepper found he had prostate cancer and decided to take proton treatment. During the testing preparing him to come to Loma Linda a kidney tumor smaller than his pinky fin-

ger was found as well. Without prostate cancer, the kidney tumor would have gone unnoticed.

"My number one concern was to save my life," said Mr. Culpepper. "Number two was to preserve my quality of life. Loma Linda is hands down the best place to be for both."

"There wasn't one person who didn't smile at us when we came in for treatment," added Mrs. Culpepper.

Lori Alter and her son, Daniel, from Beaumont, Texas,



J. Lynn Martell, DMin, vice president of advancement at Loma Linda University Adventist Health Sciences Center, introduces Gary and Alea Culpepper at the afternoon meeting of the proton homecoming event.

shared the story of Daniel's brain tumor. When he was 12, doctors found a cardoma the size of his father's fist in his brain.

"This tumor is flattening his brain stem to a 45 degree angle—one more sneeze could be his last," Mrs. Alter said doctors told the family. Daniel underwent two surgeries lasting a total of 30 hours within the week before coming out to Loma Linda for proton treatment.

Now 19, and a sophomore at the University of Texas as an archeology and premed major,

Daniel is very thankful for his time at Loma Linda.

"My experience here was wonderful. It worked out perfectly—everything that happened here was amazing."

J. Lynn Martell, DMin, vice president of advancement at Loma Linda University Adventist Health Sciences Center, summed up the feeling of the audience in his closing.

"Being diagnosed with cancer is not the end," he said as he shared that he is a thyroid cancer survivor.

Calimesa Concert Series welcomes New England Youth Ensemble

The New England Youth Ensemble—founded in 1970 by its director, Dr. Virginia-Gene Shankel-Rittenhouse—will appear in concert in Calimesa on Saturday, January 22, at 7:30 p.m.

As part of the Calimesa Community Concert Series, the event is free, but an offering will be taken.

According to Robert Soderblom, MD, concert series director, "the ensemble is a group of serious young musicians dedicated to the cause of spreading

God's message of love and hope through the international language of music."

Located on the campus of the Columbia Union College in Takoma Park, Maryland, its members come from around the world including Russia, Mexico, Australia, Puerto Rico, India, South Africa, the Philippines, and the United States.

Performances by the group have included such famous cathedrals as St. Patrick's in New York City, Dom Cathedral in Salzburg, Austria, the

Washington Cathedral in Washington, D.C., Carnegie Hall in New York City, and St. Martin-on-the-field, London, England.

As early as 1988, the ensemble was first invited to perform at Carnegie Hall in New York under the world-renowned composer-conductor John Rutter of London. Since that time, they have appeared a number of times at this famous venue. On the day following the Calimesa concert, the ensemble will perform at the Crystal Cathedral in

Garden Grove, California.

In 1992 the ensemble, along with the New England Singers, embarked on an extensive goodwill tour of China and the Far East. The Chinese national radio and television station broadcasted their concert to more than 1 billion people throughout the nation.

The director, Dr. Rittenhouse, is a fellow of Trinity College, London, and has studied under such noted artists as Albert Spalding, Harold Bauer, Leon Fleisher, and Nadia Boulanger.

In 1970 Dr. Rittenhouse formed a small ensemble of four violins and a cello from among her students. From this modest beginning the present New England Youth Ensemble has grown to its current size, a 40-piece chamber orchestra. The program on January 22 will be the seventh time the group has appeared in Calimesa.

The orchestra will be on a tour of western United States. "There is always a capacity audience for this concert," says Dr. Soderblom.

The venue will be the sanctuary of the Calimesa Seventh-day Adventist Church, Fourth Street and Myrtlewood Drive. Doors will open at 6:30 p.m. and a reception will be held following the concert in order for the audience to meet the performers.

For further information, call (909) 795-9741.

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Virginia-Gene Shankel-Rittenhouse

SAHP alumna named educator of the year

Gail J. Sommerfeld, RD, LDN, CDE, ACE, a 1978 graduate of the nutrition and dietetics program, School of Allied Health Professions, was named 2004's Diabetes Educator of the Year by the Diabetes Educators Chicago Area, the Chicago Chapter of the American Association of Diabetes Educators (DECAADE).

Ms. Sommerfeld has been an active board member of DECAADE for the past five years as membership chair, vice president, and currently, secretary. She has participated in community programs such as the American Diabetes Association Expo at Navy Pier, Project Power, and kids camps. Ms. Sommerfeld has also participated in related events with other national organizations such as the American Heart Association's "Women and Diabetes: Making the Connection" at Union Station in Chicago, and "Take Diabetes to Heart" with Della Reese.

"At a time in history when diabetes is so common among the population, it is good to see that our graduates are making a difference in the communities in which they serve," says Georgia Hodgkin, EdD, RD, FADA, associate professor, department of nutrition and dietetics. "Gail is helping to combat the health illiteracy of which Surgeon General

Richard Carmona speaks. The public must be informed and accept responsibility for their health or the health care budget will be overwhelmed shortly. Gail is informing her public and receiving commendations from her colleagues for it. We are proud of her."

Ms. Sommerfeld has also been featured on local newscasts related to a variety of nutrition topics and has written articles for the *Chicago Tribune*. Ms. Sommerfeld received her certification from the American Council on Exercise last year so that she could teach classes on exercise for individuals who have diabetes at Northwest Community Healthcare in Arlington Heights, Illinois, where she is currently employed as a dietitian and certified diabetes educator.

Each year an individual is selected to receive the award from a pool of nominations reviewed by a committee of other diabetes educators.

The recipient of this award must have shown outstanding leadership and made a significant contribution to other health care professionals, peers, and to the community. The recipient must also have displayed leadership in DECAADE and AADE for at least the past three years.

Tips for an eco-friendly holiday

Gift giving

Between Thanksgiving and New Year's day, Americans throw away a million extra tons (900,000 metric tons) of garbage each week, including holiday wrapping and packaging, according to Robert Lilienfeld. Lilienfeld is co-author of the book *Use Less Stuff: Environmental Solutions for Who We Really Are*.

So why not recycle holiday gift wrap? Lilienfeld, who has published a newsletter on reducing waste since 1996, notes that if every family reused just 2 feet (0.6 meter) of holiday ribbon, the 38,000 miles (61,000 kilometers) of ribbon saved could tie a bow around the entire planet.

And not all gifts need wrapping. "Think back to your three favorite holiday memories," Lilienfeld says. "I'm willing to bet that they all involve time you spent with your family and friends."

By giving gifts that can be experienced, like tickets to a baseball game or a homemade dinner, you can minimize wrapping and still win points with the receiver. "People like these gifts just as much," he says.



Recycling fresh trees after Christmas can make a huge difference in reducing holiday waste. Instead of taking up space in the landfill, trees can be

ground into wood chips, which can be used to mulch gardens or parks or to prevent erosion at a local watershed.



Tree recycling

The National Christmas Tree Association, an organization which represents Christmas tree growers, has teamed up with Scottsdale, Arizona-based conservation group Earth 911 to point consumers in the right direction with their trees. On their website, you can enter your zip code to find the nearest of 3,800-plus spots nationwide that accept old trees.

Low-energy lights

The newest energy-saving stars on the holiday scene are Christmas lights made with light-emitting diodes, or LEDs. First introduced in 2001, LEDs incorporate the same computer-chip technology used to light calculators and watches. The lights, which use semiconducting material rather than incandescent filaments, are 90 percent more efficient than traditional Christmas lights.

According to one U.S. Department of Energy study, if everyone replaced their conventional holiday light strings with LEDs, at least two billion kilowatt-hours of electricity could be saved in a month.

source: www.news.nationalgeographic.com

JANUARY UNIQUE HOLIDAYS

Month:

- National Blood Donor Month
- National Hobby Month
- Hot Tea Month
- National Oatmeal Month
- National Soup Month

Days:

- 1 New Year's Day
- 2 Run up the Flagpole and See if Anyone Salutes Day
- 3 Sleep Day
- 4 Trivia Day
- 5 Bird Day
- 6 Bean Day
- 7 Old Rock Day
- 8 Bubble Bath Day
- 10 Peculiar People Day
- 11 Step in a Puddle and Splash Your Friends Day
- 12 National Pharmacist Day
- 13 Blame Someone Else Day
Make Your Dream Come True Day
- 14 Dress Up Your Pet Day
- 15 Martin Luther King Jr. Day
- 18 Winnie the Pooh Day: Birthday of author A.A. Milne
- 19 Penguin Awareness Day
National Popcorn Day
- 20 National Buttercrunch Day
- 21 National Hugging Day
- 22 Celebration of Life Day
- 23 Pie Day
National Handwriting Day
- 24 School Nurse Day
Compliment Day
- 25 Opposite Day
- 26 Spouse's Day
- 27 Punch the Clock Day
- 28 National Kazoo Day
- 29 National Puzzle Day
- 30 Escape Day

Wil Alexander Wholeness Series continues with winter quarter lectures

The Wil Alexander Wholeness Series continues its 2004-2005 lectures with a presentation on Wednesday, January 5.

Presented by physical therapy professor Larry Chinnock, EdD, MBA, the first winter quarter lecture is titled "Your Credit Score: What is It and How Can You Change It?"

On Wednesday, January 19, the series continues with "Home 101: Buying Your First Home." This will be presented by Tom Swett, CPA.

"Mad About Everything: Managing Anger and Resentment That Diminish Contentment and Erode Relationships" will be presented by Henry Lamberton, PsyD, on February 2.

The winter quarter series continues on February 16 with "The License You Lose May Be Your Own: Professional Behavior." This lecture is presented by Craig R. Jackson, JD, MSW, dean, School of Allied Health Professions.

The final winter quarter lecture is "Compassion: The Heart of Healing Love," by Ivan Blazen, PhD, MA, MDiv. This is presented on March 2.

Lectures are scheduled in the Drayson Center Collins Room from 5:15 to 6:00 p.m., with a light meal prior to the presenta-



Larry Chinnock, EdD, MBA



Henry Lamberton, PsyD



Craig R. Jackson, JD, MSW



Ivan Blazen, PhD, MA, MDiv

tions at 5:00 p.m. The meal is provided by the office of student activities, and reservations

can be made for the meal at portfolio.reservations@sahp.illu.edu.

Department of occupational therapy welcomes new faculty members

Two new faculty members, Sharon Pavlovich, COTA/L and Heather Thomas, MA, OTR/L, joined the department of occupational therapy, School of Allied Health Professions, this fall.

Ms. Pavlovich, a contract instructor since 1992, now works full-time with the occupational therapy assistant ((OTA) program. In addition to teaching, she is coordinating fieldwork experiences for the OTA students. Ms. Pavlovich received her associate's degree in occupational therapy from Loma Linda University in 1992 and is currently pursuing a bachelor of arts degree in studio

arts/photography at Cal State University San Bernardino, California.

Ms. Thomas is teaching in the master's program and comes with clinical experience in rehabilitation and transitional living. Before coming to the School of Allied Health Professions, she spent six years at Casa Colina Centers for Rehabilitation in Pomona, California, where she was a senior occupational therapist and clinical coordinator of OT. Ms. Thomas also has extensive speaking and teaching experience and received a master's degree in occupational therapy from the University of Southern California in 1998.

New Year's celebrations: playing it safe

BUCKLE YOUR SEATBELT—During the holiday months, people tend to travel more often. Wearing a seat belt is the easiest and safest and best way to prevent injury in a motor vehicle.

STAY ON THE EDGE OF CROWDS—at large celebrations. Staying on the outside of crowds will lessen your risk of getting injured. Watch out for pickpockets. Don't carry a purse or a backpack. Try to be aware of your surroundings at all times. Supervise children constantly.

HOST HOLIDAY PARTIES WITH SAFETY IN MIND—Decorate only with flame-retardant or noncombustible materials. Avoid using candles. Be sure to serve non-alcoholic beverages to guests who are driving, and keep alcohol away from children. If guests will be smoking, provide large and deep ashtrays, and check them frequently. Afterwards, check inside and under upholstery and in trashcans for smoldering cigarette butts.

BE PREPARED FOR EMERGENCIES—Have emergency numbers handy beside every phone in the home. Know how to recognize when someone is choking or is going into cardiac arrest. Take a Red Cross CPR or First Aid course. Learn life-saving skills that can help reduce the risk of injury or death.

source: www.nyredcross.org



Join us for Drayson Center's Heritage 5K Run/Walk

January 16, 2005

8:00 a.m. 5K Run/Walk

9:00 a.m. Kids Mile Run

(all racers who finish will receive medals)

**Trace the history of
Loma Linda University and
Medical Center
along the race course**

*Fill out and mail in the registration on the back
OR register online at www.active.com*

Location: Drayson Center
(I-10 to the Tippecanoe/Anderson exit; take Anderson South;
left on Stewart; Drayson Center will be on your left)

*Celebrating 10 years
of promoting physical, mental, and spiritual wellness through recreation and fitness*

AHIMA and CHIA host meeting...

Continued from page 6

Personal Health Information—What Everyone Needs to Know.”

The two-hour seminar, attended by members of the community, students, faculty, and professional staff, addressed the importance of taking an active role in gathering an accurate and complete personal health record continuity of care. Experts presented on health information privacy laws, discussed how new technologies are affecting health information, and taught attendees how to start a personal health record at home.

Speakers at the seminar included Don Asmonga, MBA, government relations manager at AHIMA; LaVonne LaMoureaux, RHIA, CAE, executive director, CHIA; Barbara Odom-Wesley, PhD, RHIA, chief executive officer of MEDPRO Services, a HIM consulting firm; and Shirley Lewis, MHA, RHIA, director of HIM Support Services at East Valley Medical Center, Glendora, California.

CHIA contributes to the delivery of quality patient care through excellence in health information management practice in California and is an affiliate of AHIMA. AHIMA is the national association of HIM professionals. AHIMA has 46,000 members.

FOR THE RECORD:

The editors of *TODAY* will print corrections on printed errors of fact. Please send corrections, in written form with date of appearance and your signature, to:

Editor, *TODAY*
LLUMC
Loma Linda, CA
92350

SACHS holds grand opening for new clinic in San Bernardino

Social Action Community Health System (SACHS) hosted the grand opening of the SAC-Fraze clinic in San Bernardino, Thursday, December 2.

"This has been a long time coming," said Nancy Young, SACHS executive director, welcoming guests to the event. "We are pleased to provide this kind of service in this area."

Kenneth Hart, MD, SACHS medical director, then offered opening prayer.

During the ceremony, individuals shared thoughts and memories of the Frazee clinic. They represented various aspects of the clinic, from leadership to service.

Richard H. Hart, MD, DrPH, chancellor, Loma Linda University, shared a brief history on how the clinic evolved. In the late 1960s, the clinic was founded by LLU medical students, Dr. Hart being among the group. The clinic is named for the Frazee family who owned the land. They had designated in their will that it was to be used for community service.

"The building had no air conditioning," says Dr. Hart of the original clinic. "Stations were 6 feet tall and open above; you could hear what was going on all the way down the stations."

In the late 1980s, a recession hit California, and people could no longer afford health care. The lines at the clinic got longer. Dr. Hart remembers how people would wait in line for four hours, and often the clinic remained open until 11 p.m. to accommodate patients.

A search began for a way to expand the clinic. SACHS leaders were faced with financial struggles, building constraints, and other obstacles during the next decade.



Supporters of SACHS gathered outside the recently opened SAC-Fraze clinic to celebrate its history and future.

Finally, the pieces began to come together, thanks to support from Loma Linda University Medical Center, a new grant, and the help of several individuals who oversaw building leases and financial aspects.

"Thank you to all those who kept this going," Dr. Hart said.

Heck Thomas, Frazee community board member, expressed his gratitude for the clinic. "There were many obstacles, but we never thought we wouldn't come to this day. It's a delight to be at this point."

Representing the city of San Bernardino was Musi Arugondade, program manager of economic development.

"We couldn't do this without the U.S. Department of Health providing funds to assist Frazee in making this work," Mr. Arugondade remarked at the ceremony.

A vital aspect of the new clinic is the assistance provided by physician assistant (PA) students from LLU's School of Allied Health Professions. As part of their clinical experience, students volunteer at the Frazee clinic.

"It is quite a pleasure standing here representing the School of Allied Health Professions," said Craig R. Jackson, JD, MSW,

dean, School of Allied Health Professions, during the ceremony. "Physician assistants represent the future of health care, and Frazee helps make community health care possible."

Ken Bourne, DrPH, director of the PA program at LLU, then shared the goals of the program:

- patient care, medical care as you know it;
- patient education, using layman's language to promote patient awareness; and
- patient participation; encouraging proactive health care.

To conclude the program, Yasmin Bracho, MT (ASCP), PA-C, assistant clinical coordinator, PA program, remarked on the privilege she has to lead students at Frazee.

"Being able to help serve those in need is a gift from God," she commented. Ms. Bracho thanked those who made the clinic a reality.

Guests were then able to tour the facility and learn more about the program.

At no cost, SAC-Fraze provides physicals, pregnancy tests, breast exams and mammograms, immunizations, and birth control. Since opening, the clinic averages 12 to 14 patients a day, with plans to expand.



Richard H. Hart, MD, DrPH, chancellor, LLU, shares a history of how the Frazee clinic began and developed through the years.



Innerweave: The Wholeness Story

By Wil Alexander, PhD,
professor of family medicine,
School of Medicine

Just as the Advent season began and the malls began to fill with the masses looking for the latest bargains in electronics, *Time* magazine came out with an issue which gave shoppers and the rest of us a new identity. We are now labeled as "techno sapiens." The information age is upon us and growing beyond us.

The techno-skeptics among us, bless them, are reminding us that information technology is unnatural...no matter how sophisticated, brilliant, convenient, or effective it might be.... It is easy to be seduced by the dazzling performance, but the truth is that machines can only move information around. They do it very well, but that's all they do. Data transfer is their one trick, but that's all they do, they can't approach the complexity, subtlety, and richness of person-to-person communication. Communication is not simply the exchange of information: It is information attached to a personal relationship...something we do with another person. We share meaning with them...the warning is that we are falling into the trap of thinking that the dispensing of information (even this column) is communication, and we are headed for serious trouble. *Communication rarely occurs in the absence of face-to-face contact.*

At this time of the year when we celebrate the coming of Jesus to speak with us face-to-face good tidings of great joy, we need to remember it was, and remains so, that God has something to say to us...and we can hear Him if we listen more with our hearts than our gadgets.

INLAND EMPIRE YEAR-END REFINANCE EASES HOLIDAY STRESS

- *Free report reveals the advantages to refinancing your home before year's end.*

San Bernardino County—A new 24-hour consumer awareness hotline has just been released that reveals several advantages to refinancing your home before the end of the year. From tax advantages to having additional money for the holidays, if you are considering a refinance in the near future, this report can help you decide if now is the right time. The service is free of charge.

The free report titled *Why Refinance During the Holiday Season* provides important information for people considering a refinance. Call now and you will also receive *Six Fun Ways to Beat the Stress of the Holidays*.

For more information and to request your free reports, call consumer awareness hotline, 24 hours a day, at (888) 724-8313, extension 345.

University Mortgage



Redlands Adventist Academy first graders donate bears to LLUCH

Redlands Adventist Academy first graders display the bears they made at Build-A-Bear Workshop at Ontario Mills. The first grade classes of Carrie Davais and Janna St. Clair decided to donate the bears they made at Ontario Mills to the patients at Loma Linda University Children's Hospital to encourage the young patients during the Christmas holidays. Each Teddy Bear was individualized by the first graders for the patients.

Health information management program celebrates 40 years

To honor 40 years of health information administration education at Loma Linda University, the department of health information management (HIM), School of Allied Health Professions, held an alumni reunion for the baccalaureate program.

The reunion was held on June 14, 2004, during the annual

convention of the California Health Information Association in Rancho Mirage, California. Approximately 75 alumni attended, including several from outside the state of California. Sondra Barclay ('64) represented the first graduating class.

Additionally, three of the four department chairs were present: Margaret Jackson, MA, RHIA

('65), chair from 1973 to 1985; Rozella Mattingly, EMBA, RHIA, CHP ('76), chair from 1985 to 1993; and Marilyn Davidian, M., RHIA ('84), chair since 1993. Faye Brown, RHIA, who founded the program, was unable to attend.

Throughout the weekend, attendees shared their memories from the program. Ms. Jackson,

the mistress of ceremonies, presented a brief history of LLU and the start of the HIM program in 1963. At that time, the bachelor's program required three years of prerequisite coursework and one year of professional courses at LLU. Now, students spend the first two years taking prerequisites and two years at LLU.

Ms. Mattingly shared the his-

tory of the coding specialist certificate program that was created in 1987. The coding program offers training in hospital inpatient coding (ICD-9-CM) and outpatient coding. It continues to be in high demand, as are its graduates.

Rita Stiffler ('66), director of health information management at Loma Linda University Medical Center, spoke about the transition from paper records to the electronic patient record currently in use. The shelves formerly used for record storage have been replaced with modern computer equipment, which stores records in digital format.

Additionally, Melanie Brodnik, PhD ('72), was presented with the 2004 HIM Distinguished Alumna Award. Dr. Brodnik is the current president of the American Health Information Management Association. She is also the director and an associate professor of the Health Information Management and Systems Division, School of Allied Medical Professions, The Ohio State University, in Columbus, Ohio.

The weekend also celebrated HIM alumni that have been strong supporters of the student scholarship endowments. Three alumni who have founded scholarships were present: Margaret Jackson, Audrey Shaffer, and Elizabeth Guerra.



Just for Seniors 55+ Club
is a FREE community service program of Loma Linda University Medical Center (LLUMC).

Joining Just for Seniors is easy!

If you are 55 years of age or better, simply fill out the attached application form and mail it back to us.



Join Today
1-877-LLUMC-55



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- Well-being newsletter
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Discounts To:

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- Cafeterias and gift shops at LLUMC and LLUMC East Campus

Other Benefits:

- Senior advocate to assist you in finding resources
- Escorted and narrated Daycoach Tours
- Extended educational tours
- La Loma Federal Credit Union membership

History of the New Year's celebration

The celebration of the new year is the oldest of all holidays. It was first observed in ancient Babylon about 4,000 years ago. Around 2000 BC, the Babylonian New Year began with the first New Moon after the Vernal Equinox (first day of spring). The Romans continued to observe the new year in late March, but their calendar was continually tampered with by emperors so that the calendar soon became out of synchronization with the sun. In order to set the calendar right, the Roman senate, in 153 BC, declared January 1 to be the beginning of the new year. But tampering continued until Julius Caesar, in 46 BC, established what has come to be known as the Julian Calendar. It again established January 1 as the new year. But in order to synchronize the calendar with the sun, Caesar had to let the previous year drag on for 445 days. The first of January was dedicated by the Romans to their god of Gates and Doors, Janus.

source: www.inspirationline.com



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Yes! I want to become a *Just for Seniors* member

Send my membership packet and card right away

Print clearly, and use an ink pen - no pencils please!

Primary member name (Last, First, MI) _____

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Please sign up my spouse

Name (Last, First, MI) _____

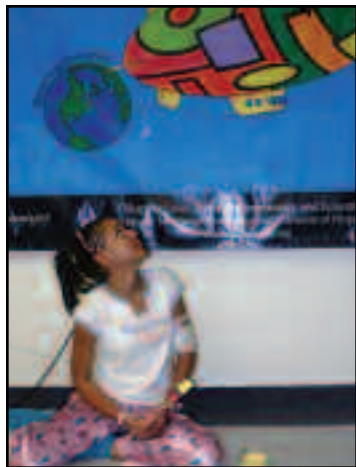
Gender (M, F) _____ Date of Birth (month/day/year) _____

I understand that incomplete application forms cannot be processed and will delay my membership benefits.

LLUCH patients help paint blimp through Portraits of Hope program

On Monday, November 22, patients at Loma Linda University Children's Hospital spent the afternoon painting on special material that will be installed on a huge blimp. The painting began at 2:00 p.m. at the Children's Hospital conference room 1830 and 32.

Picking from several different vibrant colors such as lime green, bright yellow, magenta, and orange, patients brushed over several giant geometric shaped patterns. These will then be placed on the side of a 206-foot long blimp. The blimp is owned by Ameriquest Mortgage Company, who partnered with Portraits of Hope to create the Ameriquest Soaring Dreams program, working with more than 6,000 children



Brittan Boyland, 15, paints a section of the blimp based on the color scheme from the poster above.

throughout the nation to paint the world's largest airship.

Currently the blimp is stored



Patients at Loma Linda University Children's Hospital are among an estimated 6,000 children across the country painting portions of the blimp.

in a Tustin hanger, waiting for the patterns to be finished some-

time in January. The blimp will then be used to carry television

cameras broadcasting sporting events, making its debut on the opening day of next spring's major league baseball season showing off the artwork of kids from 66 different hospitals and community centers around the country.

The Portraits of Hope organization provided specially designed paintbrushes such as the telescope paintbrush, the Shoe Paint Brush, and a mouth paintbrush, enabling all patients at Children's Hospital to participate if they desired.

For more information and to see other Portrait of Hope projects, including the tower of hope also partially painted by LLUCH patients, please visit the Portraits of Hope website at <www.portraitsofhope.org>.

Pediatric patients transform LLUCH lobby for Christmas

The Loma Linda University Children's Hospital lobby once again underwent a festive transformation from tile to gingerbread. Pediatric patients created an entire village out of gingerbread houses on December 1.

LLUCH patients, with help from members of the Big Hearts for Little Hearts Loma Linda Guild, and bakers from the Inroads Baking Program, gathered in unit playrooms to decorate gingerbread houses with every kind of candy imaginable. The houses were placed in the

Christmas Gingerbread Village. This special, edible village—with gingerbread houses and candy cane fences—is a yearly tradition begun in 1995 by a LLUMC heart surgery patient.

The event is coordinated by the LLUCH Foundation and the Big Hearts for Little Hearts Inland Empire Guild.

Through January 1, the public is invited to visit the Christmas Gingerbread Village in the Children's Hospital lobby, located at 11234 Anderson Street in Loma Linda.



The completed gingerbread village transforms the Children's Hospital lobby into a miniature winter wonderland.

Next
issue
of
TODAY
January 13

H.O.T

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All proceeds go to the support of:
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