Course Description

This continuing education program presents up-to-date training for the assessment and management of the pregnant woman with diabetes. Participants will receive practical information for implementing a multidisciplinary approach in caring for these women in order to optimize perinatal outcome.

Objectives

Upon completion of this two day course participants will be able to:

- Explain the pathophysiology of diabetes and pregnancy
- Identify the level of Sweet Success care to be provided in their setting
- Educate patients on nutrition guidelines for GDM and for pre-existing diabetes and pregnancy
- Understand principles of insulin management in pregnancy
- Conduct psychosocial patient assessments and provide culturally competent education
- Educate patients on safe exercise during diabetes in pregnancy
- Provide preconception and postpartum counseling
- Identify special care provided for the infant of the diabetic mother

Directions

- From the 5 Freeway
- Merge onto the 22 Freeway West
- Exit Haster St. - Turn left
- Garden Grove Blvd. - Turn Right
- Garden Grove Hospital - on Right

Information

Please call 714-456-6706

REGION 8 - RPPC
CALIFORNIA DIABETES AND PREGNANCY PROGRAM

DIABETES & PREGNANCY Training

September 19 & 20, 2006
8:00 am - 4:00pm
Garden Grove Hospital
12601 Garden Grove Blvd
Garden Grove
SPACE LIMITED to 35 PAID registrations
AGENDA

Tuesday - September 19, 2006
- “Pathophysiology Of Diabetes In Pregnancy” - David A. Sacks, MD
- “Overview Of Sweet Success Intervention, The Team Approach” - Sadie B. Sacks, RN, MSN
- “Nursing Education” - Doris Roberts, RN, BSN, CDE
- “Concepts Of Insulin Management” - Doris Roberts, RN, BSN, CDE
- “Preconception Care” - Sadie B. Sacks, RN, MSN
- “Data Training 2006” - Vicki Lynn K. Rubio RN, BSN, PHN
- “Psychosocial Concerns” - Sibylle Reinsch, PhD

Wednesday - September 20, 2006
- “Medical Management of Diabetes And Pregnancy” - Kathleen Berkowitz, MD
- “Medical Nutrition Therapy For Diabetes In Pregnancy: Preconception To Postpartum” - Cathy Fagen, RD, MA
- “Infant of the Diabetic Mother” - Terry Zeilinger, RN, MSN, CCRN
- “Food, Culture and GDM” - Diem-Duc Quan, RD, CLE, CDE
- “Family and Cultural Considerations In Diabetes and Pregnancy” - Sibylle Reinsch, PhD
- “Exercise In Pregnancy With Diabetes” - Arlene Turner, MS

Note: On day of event Sign-in starts at 7:30am and Agenda begins at 8:00am promptly.
You will not be considered Sweet Success trained until you have heard BOTH medical lectures starting at 8:00am each day.
Please allow time for travel.

Recommended ✿ Sweater or Jacket ✿ Comfortable Clothing ✿ Bottle Water

REGISTRATION

Accreditation:
- Nurses, Dieticians, MSW & MFCC will receive 7 contact hours per day
- Contact hours will not be given for partial course completion
- License # must be included on registration for credit

Cancellations:
- Refunds less a $50.00 fee will be given when request is received in writing by 9-8-06
- Substitutions for paid participants are encouraged, please notify us

Registration Deadline:
- September 5, 2006
  - Registrations between 9-6 & 9-18-06 will be subjected to a $20.00 fee
  - Paid registrations will be accepted until September 18 or class fills up.
  - All registrations must be accompanied by payment by September 18, 2006
  - Registrations WILL NOT be accepted at door

Confirmations:
- Will be sent via Fax or E-mail only
  (Please include in registration form)

Registration Fees

| Affiliates | 2 day | $150.00 |
| Non - Affiliates | 2 day | $200.00 |

Name
Position / Title
Institution
Address
( )
Phone
E-mail
Fax
Affiliate Number & Location
Vegetarian lunch

Please make checks payable to:
UCI Regents
(IMPORTANT - please follow address exactly)
Mail registration form and payment to:
UCIMC
Dept. OB/GYN
Attn: RPPC
PO Box 14091
Orange, CA 92863-1491