
the school board....The real beauty of being a county legislator is you listen to people; you deliberate; and you set policy that helps the entire county.”

When asked the question, “If you were told you were living your last 24 hours, is there anything you haven’t done that you’d want to do,” Dr. Triftshouser replied, “Just call my family home. When it’s all over—when that’s to be—they’re the ones I want beside me.”

1970s

George H. Kuzma (SM’70) was mentioned in Battle Creek, Michigan’s *Battle Creek Enquirer*. According to the *Enquirer*, Dr. Kuzma has joined the Albion Community Hospital. A family practitioner, he took over the practice of Russell Rowan, MD, upon Dr. Rowan’s retirement.

Dr. Kuzma did undergraduate studies at Andrews University in Berrien Springs, Michigan, and fulfilled post-graduate medical duties at Hartford Hospital in Connecticut.

Kenneth Freudenberg (SM’71) was featured in the Gold Beach, Oregon, newspaper *Curry County Reporter*. The *Reporter* profiled Dr. Freudenberg’s work as a Coos Bay orthopedic specialist who sees patients in Gold Beach as part of Curry General Hospital’s visiting physician program.

In addition to a busy practice, Dr. Freudenberg makes the time to pursue his passion—windsurfing. He often brings his windsurfing board and sail along to work, noting the weather between patient visits.

Dr. Freudenberg is a member of the American Board of Orthopedic Surgeons. He specializes in sports medicine and knees, and has worked with the South Coast Orthopedic Associates since 1979. He has been seeing patients and performing orthopedic surgeries in Curry County since 1993 as a member of the Curry General Hospital courtesy staff.

Charlotte Hamlin (SPH’72, SN’43) was profiled in the Aurora, Illinois, newspaper,

the *Beacon-News*. The article, entitled, “Senior citizen shares youthful approach to the good life,” describes Ms. Hamlin’s long and energetic career.

In 1987, she took about a year to bike and walk 12,000 miles across the U.S., Europe, Canada, and parts of Asia and Australia. She biked approximately 80 miles a day, six days a week.

Ms. Hamlin trained as a nurse at LLU, then studied at Walla Walla College in Washington state. At the age of 50, she returned to LLU for graduate work in health education and nutrition.

Ms. Hamlin teaches a program, “Fresh Start,” at Andrews University in Berrien Springs, Michigan. She spends about one and a half hours exercising each day.

At the Senior Citizens Olympics in Illinois, she recently broke state records for 100-meter track, 1,500-meter race walk, and 5K road bike race.

She is devoted to getting the word out about the lifestyle she practices, giving an average of one talk each month in various states. “I always feel that if there’s just several who will learn, it’s well worthwhile,” she says.

D. Frederick Hermann (SM’72) was mentioned in the Cornelia, Georgia, newspaper, the *Northeast Georgian*. Dr. Hermann opened a family practice office on March 1, 1995, in Habersham County.

Dr. Hermann is a native of Takoma Park, Maryland, and relocated to Habersham County from Corona, California, where he was in private and group practice since 1980.

Thomas Noble Mullen (SM’72) is now part of a family practice medical group at Dalton Medical Center, according to the *Daily Citizen-News* of Dalton, Georgia. Dr. Mullen completed a residency in preventive medicine at LLUMC. He most recently served as medical director for the NEWSTART Medical Clinic at Weimar Institute in Weimar, California. Dr. Mullen is certified as a diplomate by the American Board of Family Practice

and by the American Board of Preventive Medicine. He and his wife, Bethany, have three children.

Carol [Yonehiro] Smart (SPH’73), of West Linn, Oregon, was named in July of 1995 by Governor John Kitzhaber to the Public Health Advisory Board. The board, which has 15 members, advises the Health Division on statewide health issues and participates in public health policy development.

David Trujillo (SD’73) was profiled in an article in the *La Junta Tribune-Democrat* of La Junta, Colorado, featuring the various dental clinics in the area. Dr. Trujillo has been practicing since 1973, and has a staff of two full-time chair-side assistants and one full-time hygienist as well as two full-time business assistants. His part-time employees include two laboratory and office assistants, and a business assistant.

Dr. Trujillo says the reason for his large staff is a steady flow of patients. “I’ve been here long enough that a great number of people have tried us out,” he says. “I think every dentist tries to be responsive to every patient’s needs, and we all do that in different ways.”

He and his wife, Linda, have two sons, Michael, 24, and Nathan, 21.

Sherry Shrestha (SM’74) is a member of the Neighborhood Health Center-North in Omaha, Nebraska, according to a report in the *Omaha Star* newspaper. During her career, Dr. Shrestha has served as a relief physician at a clinic in Guam, and a staff physician in family practice at the Montemorelos University School of Medicine in Mexico. Before joining the Neighborhood Health Center-North, she was in private practice at Iowa Physicians Clinic in Des Moines and Indianola.

Lawrence G. Wong (SM’74) has joined the staff of Mercy Clinic East in Evansville, Wisconsin, reports the *Evansville Review* newspaper. Previously, Dr. Wong served as a rheumatologist in West Covina, California,