Course Description

This continuing education program presents up-to-date training for the assessment and management of the pregnant woman with diabetes. Participants will receive practical information for implementing a multidisciplinary approach in caring for these women in order to optimize perinatal outcome.

Objectives

- Define Sweet Success affiliation with the California's Diabetes & Pregnancy Program
- Demonstrate an understanding of the pathophysiology of pregnancy complicated by diabetes, type 1, type 2 and GDM
- State the Sweet Success recommendations for screening, diagnosis and follow up of gestational diabetes
- Counsel women before, during and after pregnancy, about reducing the long and short term risks of hyperglycemia during pregnancy to the mother, fetus and offspring
- State the Sweet Success blood glucose targets and self monitoring frequencies during pregnancy and lactation for women with diabetes
- Describe the principles of a healthy eating plan for women with diabetes during pregnancy
- Explain how staying active contributes to maintaining blood glucose targets
- Identify tools to assess coping with stress, readiness for change, level of motivation and signs of depression in women experiencing diabetes during pregnancy
- Explain how to safely and accurately use medications: insulin and oral agents to achieve normoglycemia
- Demonstrate an understanding of the impact of culture on self-care behaviors

Directions

- From the 55 Freeway
- Exit on 17th Street - Go West
- Tustin Avenue - Turn Left
- Western Medical Center - on Left
  Conference Room 4 -
  In the basement next to cafeteria

Diabetes and Pregnancy Training

Affiliate Training

February 27 & 28, 2007
8:00am - 4:00pm

Western Medical Center
1001 N. Tustin Ave.
Santa Ana

Recommended
- Sweater or Jacket
- Comfortable Clothing
- Bottle Water

REGION 8 - RPPC
California Diabetes and Pregnancy Program

Information
714-456-6706
Agenda

Tuesday - February 27, 2007
- Pathophysiology Of Diabetes In Pregnancy
- Overview Of Sweet Success Intervention, The Team Approach
- Nursing Education
- Concepts Of Insulin Management
- Preconception Care
- Data Training 2006
- Psychosocial Concerns

Wednesday - February 28, 2007
- Medical Management of Diabetes And Pregnancy
- Medical Nutrition Therapy For Diabetes In Pregnancy: Preconception To Postpartum
- Infant of the Diabetic Mother
- Food, Culture and GDM
- Family and Cultural Considerations In Diabetes And Pregnancy
- Exercise In Pregnancy With Diabetes

Registration

Accreditation:
- Nurses, Dieticians, MSW & MFCC will receive 14 contact hours total for both days
- Contact hours will not be given for partial course completion
- License # must be included on registration for credit
  This program has been approved by the Commission on Dietetic Registration for 14 CPEU's

Cancellations:
- Refunds less a $50.00 fee will be given when request is received in writing by 2-16-07
- Substitutions for paid participants are encouraged, please notify us

Registration Deadline:
February 13, 2007
- Registrations between 2-14 & 2-26-07 will be subject to a $20.00 fee
- Paid registrations will be accepted until February 26 or class fills up.
- All registrations must be accompanied by payment by February 26, 2007
- Registrations WILL NOT be accepted at door

Confirmations:
- Will be sent via Fax or E-mail only
  (Please include in registration form)

Registration Fees

| Affiliates | 2 day | $150.00 |
| Non-Affiliates | 2 day | $200.00 |

Name
Position/Title
Institution
Address

( )
Phone
E-mail
Fax

Affiliate Number & Location

Type of License

License #

Vegetarian Lunch

Please allow time for travel

Note: On day of event
Sign-in starts at 7:30 am
Agenda begins at 8:00 am
You will not be considered Sweet Success trained until you have attended BOTH medical lectures in their entirety

Please make checks payable to:
UCI Regents
(IMPORTANT - please follow address exactly)
Mail registration form and payment to:

UCIMC
Dept. OB/GYN
Attn: RPPC
PO Box 14091
Orange, CA 92863-1491